



Comprehensive Sexuality Education Grades 7-9 and 10-12
Adapted from and based off of the "Our Whole Lives" Curriculum

Curriculum Grades 10-12

Week 1

Welcome and Introductions
Warm-Up
Group Agreements
Circles of Sexuality
Program Orientation
Program Rules
Expectations
Reflection and Planning

Week 2

Review
Language
Body Image and Feelings
Anatomy and Physiology
Reflection and Planning

Week 3

Review
Sexual Response Cycle and Sexual
Functioning
Reproductive and Sexual Health Care
STI's
Reflection and Planning

Week 4

Review
Contraception
Condoms and Negotiating Safer Sex
Sex Safe Fantasy
Reflection and Planning

Week 5

Review
Gender Roles
Identity, Roles, Orientation
Sexual Orientation
Reflection and Planning

Week 6

Review
Conception, Pregnancy, and Birth
Parenting License
Parenting Alternatives
Reflection and Planning

Week 7

Review
Sexuality Timeline
Sexuality and Disabilities
Reflection and Planning

Week 8

Review
Communication
Verbal and Nonverbal Communication
What Makes a Good Relationship?
Questions of the Other Gender
Reflection and Planning

Week 9

Review
Intimacy, Masturbation, and Lovemaking
Defining Intimacy



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Masturbation Myths and Facts
Sexual Behavior
Images of Love and Sex in Music and Video
Reflection and Planning

Week 10

Review
Power and Responsibility
Power in Relationships
Breaking Up and Moving On
Reflection and Planning

Week 11

Review
Abortion
New Reproductive Choices

Reflection and Planning

Week 12

Review
Sexual Exploitation, Sexual Harassment,
and Erotica
Date Rape
Between Consenting Adults
Reflection and Planning

Week 13

Review
Gender Equality
Final Reflections
Evaluation
Celebrations and Closure